

Get Well, Stay Well

A Health Literacy Series

Stroke Prevention, Symptoms and the Latest Treatments

Wednesday, October 24
7 – 8:30 pm

Wilton Library
137 Old Ridgefield Road
Wilton, CT



The collaboration continues with Wilton Library and Western Connecticut Health Network comprising Norwalk, Danbury and New Milford Hospitals.



Joshua Marcus, MD

In the continuing series "Get Well, Stay Well," a health and wellness literacy series presented by Wilton Library, Norwalk Hospital, and the Western Connecticut Health Network, this program provides an **update on stroke risk, prevention, symptoms, and treatment**. The featured speaker is **Joshua Marcus, MD**, a neurosurgeon who focuses on the minimally invasive treatment of brain and spine conditions including hemorrhagic and ischemic stroke. Dr. Marcus graduated Summa Cum Laude and Phi Beta Kappa from Binghamton University, attended NYU's School of Medicine, and completed his residency at New York Presbyterian/Weill Cornell Medical College. Dr. Marcus will talk

about **what a stroke is, who is at risk for stroke, how to reduce your risk of stroke, the signs and symptoms of a stroke, and perhaps most importantly what to do if you think you are experiencing a stroke**. He will also discuss the latest minimally invasive treatment for stroke. The program and following Q&A session will be moderated by Wilton Library Trustee Saras Nair, MD who was previously Chairman of the Pathology Department at Norwalk Hospital. Please see the library's registration link for details. There is no charge for the program. Registration is recommended.



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