

Casa Update

September 27, 2019

Did You Know?

Thanks to all of your support and fundraising efforts, we are proud to announce that Casa has raised over \$8,700 for the Alzheimer's Association, with money still coming in! Investing in the advancement of research and advocacy for Alzheimer's benefits us all. We could have not accomplished our goals without the support and enthusiasm of the Casa community. Don't forget, the *Walk to End Alzheimer's* will take place this Saturday, September 28, at Kit Carson Park. Wear your purple proudly!

•Administration•

As many of you know Casa Reception has the ability to forward an incoming call to your apartment from Reception. The majority of these calls are residents asking to be transferred to another resident's phone number. We do not have the ability to "screen" who these calls are coming from. If you have Caller ID, a forwarded message from Reception will show as coming from "Casa de las Campanas". Please treat these calls as any call that you receive to your home phone and do NOT give out any personal information such as bank account numbers or social security numbers. We will look into this long-standing practice of forwarding phone calls and determine what is the safest practice.

Again, since Reception has the ability to transfer calls from our main line to your apartment please be aware that those calls are the same as if they came directly to you from the outside since we have no way to screen callers.

A common phone scam is for the caller to say "can you hear me?"- they then take your response of yes and record it to use as permission to charge things to you. If you answer the phone and are asked "can you hear me", do not respond with a "yes"- instead ask who the caller is or hang up.

Survey Stance Kiosks In-Service Trainings: A new dining feedback survey has been added to the kiosk in the lobby of Sur Dining Room. If you are interested in attending a short in-service training on how to use the kiosk, please place your name on the sign-up sheet located outside of Sur Mailbox room. The trainings will be held in small groups in 15-minute increments on Tuesday, October 1, between 9:00 a.m. and 10:00 a.m.

Additionally, a new kiosk has been placed in La Terraza Dining Room Lobby. If you are interested in attending a short in-service training on how to use the kiosk, please place your name on the sign-up sheet located in Norte lobby.

Please contact Cheryl Mast, Director of Quality Assurance & Special Projects, at 858-592-1856 if you have any questions.

La Tienda Products – Residents' Interest: Have you ever wanted to purchase Casa logo items or small gifts? Maybe you'd like a Casa "family recipe" cookbook? Perhaps you've thought of other items that you think residents would like to purchase? Staff has placed a sample list in La Tienda. Please place a "check" next to an item you would like staff to research costs and availability. There is plenty of room to write in your own ideas!

•Security & Transportation•

Transportation Reminder: Transportation offers a number of different loop services that are free of charge. These include the medical loop, shopping loop and church loop. You can obtain a copy on the loop schedules from Reception or the transportation office, and they are posted on the resident bulletin board. Unfortunately, if you miss the scheduled pick up time and the transportation vehicle has left Casa property, the driver is not permitted to turn around and come back to property. If this does happen, Reception can schedule alternative transportation for you, such as Lyft, so you can make it to your destination.

•Dining Services•

09/30 - Pizza: Pineapple & Ham Pizza
(Mozzarella Cheese, Pineapple, Ham, Parmesan Cheese)

09/30: Dressing: Creamy Apple Cider Vinaigrette

09/30 - Burger: Angus Beef Burger with Brie, Bacon, and Caramelized Pears

To-Go: The number for To-Go orders is:
858-376-1531

•Residential Health Services•

Save the date! It is estimated that in the United States, each year on average 5% to 20% of the population gets the flu and more than 200,000 people are hospitalized from seasonal flu-related complications. In October, Casa will be hosting a Flu Vaccine Clinic. Flu shots will be available on:

- **Wednesday, October 16, from 9:00 a.m. to 12:00 p.m. in MP4**
- **Wednesday, October 23, from 1:00 p.m. to 4:00 p.m. in MP4**

No appointments needed! Remember to bring your insurance card.

•Social Services•

Levels of Care Presentation: The sign-up sheets for the *Levels of Care* presentation are full. If you are interested in going and would like to be placed on the wait list in the event of a cancellation, please contact Jennifer Thomas at 858-592-1852 or Thomas@casadlc.com

•Resident Services•

Resident Pictorial: The 2019 resident pictorial & resident handbook have been completed and sent to an outsider vendor to be printed. We are expecting them to be finished and ready to distribute within the next couple of weeks. Stay tuned for more information!

•Foundation•

Foundation Presentation: Join us on Monday, October 7, at 10:30 a.m. in the Dinner Theatre to see estate planning expert, Rich Gains, present *Unintended Consequences in Estate Planning*. If you are interested in creating a consistent estate plan, you won't want to miss this!

•Activities•

Tickets Still Available: Tickets for La Playhouse's *Kiss My Aztec!* on Saturday, October 12, at 1:00 p.m. are still available. Featuring

famed actor, John Leguizamo, this play tells the story of a group of Aztec rebels as they fight against Spanish colonization in the 16th century. Stop by the Activities office or call 858-592-7402 to reserve your tickets today!

Are you a United States Veteran? The Casa Chorale and Combo would like to share your experiences in the military as part of our November 11 Veteran's Day program. If you would be interested in discussing this, please contact Judy Myerson at 858-675-0538 or 858-774-4861. Please help us honor our veterans.

CRE presents The Tuesday Talk: CRE presents a guest that will get you in the *spirit* of October. Nicole Strickland from the San Diego Paranormal Research Society will educate us on the Society's mission, how they conduct research, and she stumbled into this interesting field. We invite you to join us on Tuesday, October 1, at 2:00 p.m. in the Dinner Theatre.

Encore Presentation: If you missed the presentation at the sold out Men's Breakfast last week, Jody Grawey will repeat her presentation in MP3 on Wednesday, October 2, at 11:00 a.m. This event is open-seating.

Chico's Fashion Show: For those of you who signed up, the Chico's fashion show will take place this Wednesday, October 3, at 2:00 p.m. in the Dinner Theatre.

Wine & Cheese Reception: We would like to invite you to the opening of the new gallery exhibit, *Old Friends, New Art*. Join us for a wine & cheese reception on Thursday, October 10, from 4:00 p.m. to 5:00 p.m. in the Casa Gallery.

*If you have any art, whether it's your own or a favorite from another source, please consider lending it to the gallery in December and January. Contact Diane at 858-485-0288 for more details.

Oktoberfest Happy Hour: Come celebrate Oktoberfest with us with a happy hour on Thursday, October 10 at 3:00 p.m. in the Dinner Theatre. Enjoy beer, pretzels, and live music!

The Walk to End Alzheimer's 2019: The walk is taking place this Saturday, September 28 at Kit Carson Park. If you have signed up to take the shuttle it will be leaving Casa at 8:00 a.m.