

Casa Update

August 9, 2019

Did You Know?

Interfaith Community Services empowers people in need to stabilize and improve their lives through comprehensive programs, in partnership with diverse faith communities and people of compassion. Casa is partnering with Interfaith to provide backpacks for children in need. This is a wonderful opportunity to make a difference in a child's life. We will be having a backpack drive where we will be accepting NEW school supplies, such as:

- Backpacks
- Pencils
- Pens
- Markers
- Spiral Notebooks
- Two-pocket Folders

If you would rather donate a cash amount, the Activities Department has vouchers that you can fill out. You can call Activities at 858-592-1802 to make a donation over the phone if you are unable to visit the office.

•Administration•

As shared at today's Resident Association Meeting, Stuart Lyle, Director of Physical Plant, is no longer employed at Casa. As with any confidential business matter, the specifics cannot be shared. Charlie Hannem is the acting Director at this time. Thank you for your understanding.

Q&A Forum: The Casa Board of Directors will be hosting a Question & Answer Forum on the status of the Health Center construction next Friday, August 16 at 10:00 a.m. in the Dinner Theatre. All residents are invited and encouraged to attend this informative meeting.

Executive Council Election: Every year the Executive Council replaces one third of its membership with new members. Our next election will be held during the week of November 4, so it is time for you to consider if you would like to seek

one of the three seats that will turn over in January 2020. Application forms will be available starting August 13 in the Sur and Norte lobbies. More information will be posted on the Resident Bulletin Boards and in the September Carillon. Jim Wills (858-217-6313 or Apt. 452 internal mailbox) will answer any questions you may have.

•Physical Plant•

Roofing Update: As of Friday, August 9 we are done with the re-roofing of the H and I buildings. Starting Monday, August 12 we will be moving to the G wing of the Sur building (above apartments 538-545). This re-roofing project is expected to take about a month to complete.

We will also be starting the tile re-felt of the Sur building on August 12. This project will require the area below where the roofers are working to be blocked off in the event that any roof tiles fall of the building.

For your safety, please make sure that you are paying attention to any closures around the Sur building. We will also have one roofing safety officer on the ground at all times watching for any safety issues. Again, for your safety, please follow their directions.

As mentioned above, the roofing project over the 'G' wing of the Sur building will begin Monday, August 12. This project is expected to take approximately one month to complete. We are aware that the noise from this type of project can often be disruptive to daily life. With that in mind, we are offering the 6th Floor Lounge Area (next to the Meditation Room) as a respite area from the noise. Water, coffee, tea and cookies will be provided for you to enjoy. Thank you in advance for your extraordinary patience as we make the necessary repairs and updates to our buildings.

•Dining Services•

08/12 - Pizza: Chicken Gyro (Marinated Chicken Breast in Italian Dressing, Pizza Sauce, Cheese, Half Cherry Tomatoes, Diced Red Onions, Seeded Half-Moon Cucumber Slices, & Topped with Tzatziki Sauce).

08/12 - Dressing: Strawberry Vinaigrette

08/12 - Sandwich: Chicken Caprese (Mozzarella, Tomatoes, Fresh Basil, Balsamic Glaze, & Grilled Chicken Breast on a French Baguette)

To-Go: The number for To-Go orders is: 858-376-1531

Suggested Attire in Dining Areas: Residents and their guests are requested to dress in acceptable street clothing while frequenting Casa dining rooms:

- **Bistro:** The Bistro is the most casual dining venue at Casa.
- **Sur Dining Room:** Although acceptable street clothes are appropriate for the Sur Dining Room, many residents prefer their evening meal to be a less casual dining experience.
- **La Terraza:** Many residents prefer their evening meal to be a more upscale dining experience.

Sweats, tank-tops, flip flops and ball-caps/hats are considered unacceptable dress in our Sur and La Terraza Dining Rooms, although shorts are acceptable at lunchtime in Sur Dining Room.

Guest Dining: Your guests are welcome to dine with you at Casa. Please ensure your guests (including small children) follow the suggested attire and rules of the Dining Rooms. They must be accompanied by a resident.

•**Resident Services**•

Odyssey Workshop: If you are curious about Odyssey and want a better understanding of the basics, there will be an Odyssey workshop on Monday, August 12 at 10:30 a.m. in the Computer Lab on the 3rd floor. Contact Ryan Dipiero at rdipiero@casadlc.com with any questions.

•**Pastoral Care**•

Casa Covenant Group: This non-denominational Bible study group will meet on Thursday, August 15 at 11:00 a.m. in MP3. Pastor Bryan Stamper will teach us all about extraordinary spiritual gifts, or charism, an extraordinary power given by the Holy Spirit and a theological term for the extraordinary graces given to individuals to fulfill the mission of the church. Everyone is welcome. Plan to stay for lunch and fellowship. *Material things come and go, but spiritual wealth lasts forever.*

•**Activities**•

Line Dancing: The line dancing classes for August 6 and 20 were inadvertently left off the Exercise Calendar. Mark your calendars for those two dates at 2:00 p.m. in the Exercise Studio.

Location Change: Duplicate Bridge on Monday, August 19 will be held in the Game Room not the Dinner Theatre.

Chorale Concert on YouTube: For those of you who missed this past Chorale concert on July 25, a copy has been made available on YouTube. Simply go to Youtube.com and in the search field type: 'CDLC Combo Concert July 25, 2019'. The first result will be the video.

A Trip to Celtic Britain: Come explore Celtic Britain with Pat Stevens as she shares her slides of a recent trip. Visit Roman ruins, geologic wonders, archaeological sites and lots of castles on Tuesday, August 13 at 1:30 p.m. in the Dinner Theatre.

Our World Lecture Series: On Wednesday, August 14 at 10:30 a.m. in the Dinner Theatre, join us for a discussion on *America Confronts Its Russian Challenge: Hard Choices & No Easy Solutions*, presented by Philip G. Roeder, professor of political science at UCSD.

Windows Computer Help Sessions: In August, the Windows Club will be hosting ½ hour, one-on-one help sessions in the Computer Lab.

A sign-up sheet is posted in the Computer Lab for the following times:

- August 14 - 2:00 p.m., 2:30 p.m., & 3:00 p.m.

*If you are having a laptop or iPad issue, please bring the device with you to the session.

Break at the Bistro: Do you still feel “new” at Casa? Would you like to meet others who are still new? If your year of arrival is 2018 or 2019, please come to the “Break at the Bistro” on Wednesday, August 14 at 9:00 a.m. Welcome Committee members will be wandering around the Bistro also. Coffee, tea, and water are free, of course, and it is a good time to exchange phone numbers or make a date for a meal or just a chat. No need to reserve a seat, just mark your calendar and join us.