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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 ST. ANN'S <small>COMMUNITY</small> <small>at Cherry Ridge</small>	 Take Care of your Heart! February is Heart Health Month!	 ST. ANN'S <small>COMMUNITY</small> <small>at Cherry Ridge</small>		 ST. ANN'S <small>COMMUNITY</small> <small>at Cherry Ridge</small>	1 All Day National Wear Red Day  10:30 Fitness w/ Lynn and Brain Games, RG AR  1:15 Welcome to February! - Trivia and Puzzles, RG AR	2  12:00 Name that Heart Tune & Songfest, RG AR  10:00 Baking Cookies w/ Kathy & Dennis, RG WK  1:00 Valentine Flower Arranging, RG AR  4:00 Mass, CC  7:00 Lawrence Welk, RG AR
3	4	5	6	7	8	9
 10:00 Prayer Service, RG AR  11:15 Communion Service, CC	 9:30 Mass, Or Cafe Ext  10:00 Prayer Service, RG AR  11:00 Manicures, RG AR  1:15 Fitness with Lynn, RG AR  2:00 Wacky Wordies and Concentration Puzzles, RG AR	 9:30 Mass, Or Cafe Ext  10:15 Dancercise with Pam, RG AR  11:00 News & Trivia with Dennis, RG AR  1:15 Tabletop Bowling, RG AR  6:30 Evening Movie, RG AR	 9:30 Communion Service & Rosary, Or Cafe Ext  10:15 Scenic Drive- City Sights, Off  1:15 Group Crossword Puzzle, RG AR	 9:30 Mass, Or Cafe Ext  10:15 Picture Challenge w/ Marge, RG AR  10:45 Balloon Volleyball, RG AR  1:15 Valentine Craft, RG AR  2:45 Games w/ Key Club, RG AR  6:30 Evening Movie, RG AR	 10:00 Fairy Tales, Folktales & Fables, RG AR  11:00 Red Hot Balloon Table Volleyball, RG AR  1:00 Beading Heart Suncatchers, RG AR  2:00 Roses are Red Violets Are??, RG AR	 12:00 Baking W/ Kathy & Dennis Red Velvet Cupcakes, RG WK  1:00 LCR, RG AR  2:00 Remembering Rochester Nostalgic Restaurants, RG AR  4:00 Mass, CC  7:00 Lawrence Welk, RG AR
10	11	12	13	14	15	16
 10:00 Prayer Service, RG AR  11:15 Communion Service, CC  1:30 Little Helpers Valentine Program~ Candy Bingo & Craft, RG AR  2:30 Bingo w/ Fritz, RG AR	 9:30 Mass, Or Cafe  10:30 Art with Stacy, RG AR  11:00 Manicures, RG AR  1:15 Fitness with Lynn, RG AR  2:00 Brain Games, RG AR  2:30 Pet Visit with Jim and Lily the Dog!, RG RR	 9:30 Mass, Or Cafe Ext  10:15 Dancercise with Pam, RG AR  11:00 Ontario Garden Club Visit, RG AR  11:00 News & Trivia with Dennis, RG AR  1:15 Outing to Memorial Art Gallery, RG AR  6:30 Evening Movie, RG AR	 9:30 Communion Service & Rosary, Or Cafe Ext  10:30 Art for the Young at Heart, RG AR  2:00 Famous Couples in History Trivia, RG AR	All Day WEAR RED  9:30 Mass, Or Cafe Ext  10:00 Ontario BOCES Valentine's Day Event, CC  1:30 Valentine's Day Social, RG AR  2:30 All About Broadway with Bob Sagan, GM  6:30 Evening Movie, RG AR	 10:30 Fitness w/ Lynn and Brain Games, RG AR  1:15 Ice Cream and Movie Matinee!, RG AR	 10:15 Move & Groove, RG AR  10:45 News & Views, RG AR  11:15 Group Crossword, RG AR  1:30 Painting Winter Scenes, RG AR  4:00 Mass, CC  7:00 Lawrence Welk, RG AR
17	18	19	20	21	22	23
 10:00 Prayer Service, RG AR  11:15 Communion Service, CC	 9:30 Mass, Or Cafe Ext  11:00 Manicures, RG AR  1:15 Fitness with Lynn, RG AR  2:00 Presidents Day- Trivia and Puzzles, RG AR	 9:30 Mass, Or Cafe Ext  10:15 Dancercise with Pam, RG AR  11:00 News & Trivia with Dennis, RG AR  1:30 Guitar Music w/ Ray Braselton, RG AR  6:30 Evening Movie, RG AR	 9:30 Communion Service & Rosary, Or Cafe Ext  10:30 Snowman Craft, RG AR  1:30 February Birthday Party w/ Music by Diane, RG AR	 9:30 Mass, Or Cafe Ext  10:15 Picture Challenge w/ Marge, RG AR  10:45 Bowling, RG AR  1:30 Making Snowmen, RG AR  6:30 Evening Movie, RG AR	 10:15 Scenic Drive with Lynn- The Glacial Geology of Mendon Ponds Park, Off  1:30 Fitness w/ Lynn, RG AR	 10:15 Move & Groove, RG AR  10:45 News & Views, RG AR  11:15 Brain Games, RG AR  1:30 LCR, RG AR  4:00 Mass, CC
24	25	26	27	28	MEETING PLACES	DIMENSIONS OF WELLNESS
 10:00 Prayer Service, RG AR  11:15 Communion Service, CC  2:30 Bingo w/ Fritz, RG AR	 9:30 Mass, Or Cafe Ext  10:30 Art with Stacy, RG AR  11:00 Manicures, RG AR  1:15 Fitness with Lynn, RG AR  2:00 Group Crossword, RG AR  3:30 Happy Hour & Music w/ Dave Marchione, RG WK <p style="text-align: center;">Happy Birthday Joyce!!!</p>	 9:30 Mass, Or Cafe  10:15 Dancercise with Pam, RG AR  11:00 News & Trivia with Dennis, RG AR  1:15 Tabletop Bowling, RG AR  6:30 Evening Movie, RG AR	 9:30 Communion Service & Rosary, Or Cafe Ext  10:30 Bulletin Board Decorating, RG AR  1:15 Group Crossword Puzzle, RG AR	 9:30 Mass, Or Cafe Ext  10:15 Picture Challenge w/ Marge, RG AR  10:45 Balloon Volleyball, RG AR  1:30 Calendar Visits, RG RR  6:30 Evening Movie, RG AR	RG AR - RG Activity Room RG WK - RG West Kitchen CC - Chapel/Community Room Or Cafe Ext - Orchard Cafe Extension Off - Off-site Or Cafe - Orchard Cafe RG RR - RG Resident Room GM - Glen Multi Purpose Room	 Physical  Spiritual  Vocational  Intellectual  Nutritional  Emotional  Environmental  Social  Health Services  Purposeful