

Terra Vista Menu

	Sunday, Jan 27	Monday, Jan 28	Tuesday, Jan 29	Wednesday, Jan 30	Thursday, Jan 31	Friday, Feb 1	Saturday, Feb 2
Breakfast	Choice of Vit C Juice Choice of Hot or Cold Cereal Scrambled Eggs with Cheese Coffee Cake 2% Milk	Choice of Vit C Juice Choice of Warm Vanilla Sugar Oatmeal or Cold Cereal Fried Egg Waffle Syrup 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Western Egg Bake Blueberry Muffin 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Omelet Sausage Links Biscuit Jelly 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Scrambled Egg French Toast Syrup 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Fried Egg Grilled Sausage Patty English Muffin Jelly 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Scrambled Eggs with Cheese Toast Jelly 2% Milk
Lunch	Slow Cooked Beef Rosemary Gravy Rice Pilaf Baked Tomatoes Au Gratin Mom's Apple Pie	Tender Pork Roast Pork Gravy Parslied Noodles Garlic Parnesan Brussels Sprouts Lemon Cheese Bar	Corned Beef Parslied Potatoes Buttered Carrots Bread Pudding Rye Bread	Hearty Meatsauce over Mostaccioli Italian Blend Vegetables Blonde Brownie Parmesan Garlic Breadstick	Lemon Herb Crusted Fish Tartar Sauce Herbed Rice California Blend Vegetables Chocolate Mousse Dinner Roll	Pineapple Glazed Baked Ham Sweet Potatoes Seasoned Lima Beans Pineapple Upside Down Cake Dinner Roll	Beef Cube Steak Brown Gravy Mashed Potatoes Seasoned Mixed Vegetables Frosted White Cake Bread
Supper	Sweet Baked Ham & Cheese Sandwich Homemade Potato Wedges Ketchup Green Beans with Red Peppers Pineapple Tidbits 2% Milk	Cheeseburger Tator Tots Green Peas Mandarin Oranges Hamburger Bun Ketchup/Mustard 2% Milk	Grilled Deli Sandwich Three Bean Salad Apple Slices Sandwich Bread 2% Milk	Honey Garlic Pork Shoulder Buttered Mashed Potatoes Chuckwagon Com Spiced Peaches Dinner Roll 2% Milk	Comdog Casserole Baked Beans Coleslaw Blushing Pears Ketchup/Mustard 2% Milk	Chicken Nuggets Barbecue Sauce Crispy French Fries Ketchup Layered Vegetable Salad Chocolate Cookie Bread 2% Milk	Vegetarian Vegetable Soup Crackers Chef's Salad Strawberries & Whipped Topping Bread Stick 2% Milk