

Terra Vista Menu

	Sunday, Jan 20	Monday, Jan 21	Tuesday, Jan 22	Wednesday, Jan 23	Thursday, Jan 24	Friday, Jan 25	Saturday, Jan 26
Breakfast	Choice of Vit C Juice Choice of Hot or Cold Cereal Scrambled Eggs with Cheese Crispy Bacon Strip Muffin 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Banana Scrambled Egg Cinnamon Toast 2% Milk	Choice of Vit C Juice Choice of Strawberry Cream Oatmeal, or Cold Cereal with Strawberries Hard Poached Egg Grilled Sausage Patty Biscuit Jelly 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Fried Egg Hash Browns Toast Jelly 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Scrambled Egg Sausage Links Pancakes Syrup 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Garden Egg Bake English Muffin Jelly 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Scrambled Egg with Ham Toast Jelly 2% Milk
Lunch	Slow Roasted Pot Roast Savory Pot Roast Vegetables Seasoned Broccoli Strawberry Shortcake Dinner Roll	Meatballs with Spaghetti Sauce Penne Capri Mix Vegetables S'More Bar Parmesan Bread	BBQ Meatloaf Garlic Mashed Potatoes Sweet Corn Casserole Whoopie Pie	Beef Chop Suey Steamed Rice Oriental Blend Vegetables Mandarin Oranges Bread	Braised Pork Ragu Rotini Pasta Green Peas Fruit Mix Herbed Biscuit	Bratwurst Sausage Roasted Potatoes with Peppers & Onions Creamy Coleslaw Jello Cubes with Topping Hot Dog Bun Ketchup/Mustard	Cheesy Chicken Baked Penne Vegetable Ratatouille Fruit Fluff Garlic Bread
Supper	Chicken Taco Salad Corn Relish Chocolate Chip Cookie Tortilla Chips 2% Milk	Diced Pork in Gravy Bread Dressing Green Beans Cinnamon Applesauce 2% Milk	Tomato Soup Saltine Crackers Grilled Cheese Sandwich California Blend Vegetables Rice Krispie Bar Sandwich Bread 2% Milk	Fish Sticks Tartar Sauce Macaroni & Cheese Seasoned Mixed Vegetables Frosted Chocolate Cake 2% Milk	Barbecued Chicken Sandwich Garnish: Lettuce & Tomato Potato Salad Spiced Peaches Hamburger Bun 2% Milk	Tamale Pie Seasoned Pinto Beans Roasted Corn Frosted Brownie 2% Milk	Sausage or Cheese Pizza Cucumber & Tomato Salad Sugar & Spice Banana Slices Parmesan Bread 2% Milk