

Terra Vista Menu

	Sunday, Jan 13	Monday, Jan 14	Tuesday, Jan 15	Wednesday, Jan 16	Thursday, Jan 17	Friday, Jan 18	Saturday, Jan 19
Breakfast	Choice of Vit C Juice Choice of Hot or Cold Cereal Sausage Links Pancakes Syrup 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Sweet Potato Breakfast Bake Toast Jelly 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Western Egg Bake Toast Jelly 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Scrambled Egg Crispy Bacon Strip Muffin 2% Milk	Choice of Vit C Juice Choice of Warm Vanilla Sugar Oatmeal or Cold Cereal Sausage Links Waffle Syrup 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Banana Fried Egg Cinnamon Toast 2% Milk	Choice of Vit C Juice Choice of Hot or Cold Cereal Grilled Sausage Patty Biscuit Jelly 2% Milk
Lunch	Cranberry Pork Roast Rice Pilaf Broccoli & Cauliflower Strawberry Cobbler	Juicy Baked Chicken Bread Dressing Maple Thyme Glazed Carrots Chocolate Drizzle Cake	Salisbury Steak Buttered Mashed Potatoes Brown Gravy Brussels Sprouts Apricots Bread	Salmon Patty Herbed Noodles Seasoned Broccoli Sugar Cookie Bread	Baked Ham Scalloped Potatoes Green Beans Fruit Fluff Combread	Cornflake Crusted Cube Steak Lemon Pepper Mixed Vegetables Seasonal Fruit Cup Bread	Caribbean Pork Roast Sweet Potato Casserole Roasted Cauliflower Tasty Frosted Yellow Cake Combread
Supper	Homemade Chili Garden Fresh Lettuce and Tomato Salad Applesauce Combread 2% Milk	Ham Salad Sandwich Marinated Beet & Onion Salad Fruited Gelatin Sandwich Bread 2% Milk	Caramelized Onion Chicken Sandwich Homemade Sweet Potato Wedges Chocolate Chip Bar Hamburger Bun 2% Milk	Grilled Italian Sausage Crispy French Fries Ketchup Green Peppers & Onions Mandarin Oranges Bread 2% Milk	Meatball Sandwich with Cheese Italian Blend Vegetables Frosted White Cake Sub Roll 2% Milk	Baked Macaroni & Cheese Stewed Tomatoes Chocolate Cookie Bread 2% Milk	Hamburger Tator Tots Fruit Mix Hamburger Bun Ketchup/Mustard 2% Milk