

SOUPS

GAZPACHO

CHILLED TOMATO SOUP WITH CUCUMBER, BELL PEPPER, CELERY, ONION, CILANTRO, LIME JUICE AND SPICES    

SOUP OF THE DAY





LOW SODIUM
SOUP OF THE DAY 

STARTERS

CHOPPED SALAD

ROMAINE HEARTS, CUCUMBERS, TOMATOES, CARROTS, ALMONDS, CRANBERRIES, GOAT CHEESE BEET VINAIGRETTE  

MIXED GREEN SALAD

MESCLUN GREENS, SHREDDED CARROT, GRAPE TOMATO, CUCUMBER    

CAESAR SALAD

ROMAINE LETTUCE, PARMESAN AND GARLIC CROUTONS, TOSSED IN ANCHOVY CAESAR DRESSING

GREEK TORTELLINI SALAD

CHILLED GREEK-STYLE PASTA SALAD  

SMOKED SALMON MOUSSE

CUCUMBER, CAPERS AND BAGEL CHIPS

SHRIMP COCKTAIL

HOUSE-MADE COCKTAIL SAUCE AND LEMON WEDGE   

FEATURED ENTREES

MAINE LOBSTER PAPPARDELLE

SPINACH, OYSTER MUSHROOMS AND WHITE WINE BUTTER SAUCE  OPTION AVAILABLE

CHICKEN VINDALOO

INDIAN CURRY SAUCE   

GRILLED SEA BASS

WITH AVOCADO SALSA  

MAHOGANY DUCK

GINGER SCALLION SPRINKLE 

GRILLED PORK CHOP

WHOLE-GRAIN MUSTARD AND HERB DEMI-GLACE  

HORSERADISH AND THYME CRUSTED NEW YORK STRIP

 = HEART HEALTHY

 = GLUTEN-FREE

 = VEGETARIAN

 = DAIRY-FREE

ENTREES

PETIT FILET

CABERNET ROSEMARY REDUCTION 

SIMPLY-GRILLED ATLANTIC SALMON



EXTRA-VIRGIN OLIVE OIL, FRESH LEMON, SEA SALT AND CRACKED PEPPER
CHOICE OF REMOULADE, TARTAR OR FIVE-YEAR-OLD BALSAMIC VINEGAR



BRAISED CHICKEN THIGHS

ROSEMARY, LEMON AND GARLIC  

POLENTA RATATOUILLE TART

PLUM TOMATO STEW WITH ZUCCHINI, SQUASH, EGGPLANT AND MUSHROOMS
SERVED OVER POLENTA  

CHICKEN OR EGGPLANT PARMESAN

SERVED OVER SPAGHETTI WITH CLASSIC MARINARA SAUCE (EGGPLANT) 

MEADOW RIDGE BURGER

SMOKED MAPLE CHEDDAR, THICK-CUT BACON, SLOW-ROASTED TOMATO AND
HOUSE PICKLES ON SOFT POTATO ROLL
CHOICE OF FRENCH FRIES OR FRESH FRUIT

CHEF'S SALAD

HONEY HAM, ROASTED TURKEY AND SWISS PINWHEELS OVER MIXED GREENS 

FARM-FRESH EGG OMELET

CHOICE OF: SWISS, AMERICAN, CHEDDAR, PEPPERS, ONIONS, MUSHROOMS,
TOMATOES, BACON AND HAM 

VEGETABLE AND TOFU STIR FRY

SIDES

GRILLED BABY BOK CHOY    

STEAMED ASPARAGUS    

GARDEN PEAS  

SAUTEED OR STEAMED SPINACH  

CHEESY GRITS  

BASMATI RICE    

BAKED POTATO OR SWEET POTATO  

MASHED POTATO  

SHOESTRING FRENCH FRIES 

SWEET POTATO FRIES 

CONSUMING RAW OR UNDERCOOKED MEAT, POULTRY, SEAFOOD OR SHELLFISH
MAY INCREASE YOUR RISK OF FOODBORNE ILLNESS.

FOOD PREPARED HERE MAY CONTAIN OR HAVE COME INTO CONTACT WITH
PEANUTS, TREE NUTS, MILK, EGGS, WHEAT, SOYBEAN, FISH AND SHELLFISH.