

Life's Transitions and Loss

The first Tuesday of every month there is a small group which meets in the conference room behind the concierge from 1:00-2:00.

This is a great way to meet others that are going through a rough time whether losing a spouse, a spouse is in memory care or Acacia's long term care floor or have problems with their own health.

We are privileged to have Ann Hamlin from Hospice of the Valley lead the group and Laura Berger co-lead. This group has been ongoing for years and is Sagewood's best kept secret. I urge anyone who have had changes in their life please check us out. All are welcome in this group and we respect the privacy of those in attendance.