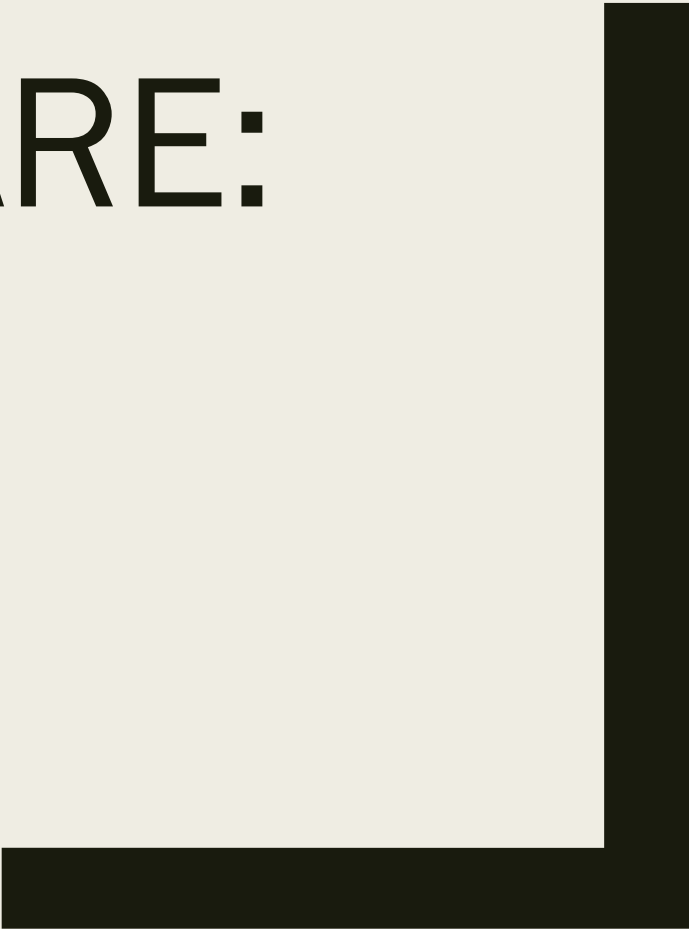


LEVELS OF CARE:
PART 2





ROBIN AKINS MSN, RN, CDP

Director of Resident Health Services

robin@wmanor.com

512-600-7328

Services Available

- Independent Living
 - *Wellness Checks*
 - *Medicare Home Health & Private Duty*
 - *Support Groups*
 - *Wellness Clinic*
 - *Personal Trainer*
 - Exercise classes
 - 2 gyms, pool
- Assisted Living
- The Arbour Memory Care and Skilled Nursing
- Hospice

Wellness Checks

- Certified Nursing Assistants
 - Every day
 - 7:30am-11pm
 - 30 minute of assistance
 - *up to 4 times a day*
 - *up to 2 weeks*
 - *depends on schedule and availability*
 - RHS, HCC nurse, Clinic recommendation
 - *Consent form*
 - Qualifiers
 - *Recent discharge from hospital or HCC*
 - *Acute change of condition requiring immediate assistance*
 - *Recent fall or significant incident*
- Vital Signs
 - Medication checks (were meds taken) and reminders
 - *Cannot administer medications*
 - Assistance with obtaining or preparing food/meal delivery/meal ordering
 - Light housekeeping, laundry, grocery shopping in the Little Store
 - Respite care, companionship
 - Activity reminders and accompaniment
 - As an introduction to services (let's see how this works)
 - Pet care including dog walking, feeding, litter change, other clean up

Wellness Check Aides



Cindy-Mornings



Haymi-Evenings



Sandra-Weekends



Wellness Clinic

- 2-FT Nurse Practitioners
- Hours
 - *M, W-F 830-430p*
 - *Tuesday 9-430p*
 - *Closed 1230-130 for lunch*
- Diagnosis and treatment of acute health problems
 - *Infections*
 - *Wound care*
 - *Suture removal*
 - *Foot care*
 - *Blood draws*
- Medicare Part B and private insurances
- Collaboration with PCP

Home Health Care

- Medicare Part A
- Homebound
- Physician ordered care
- Skilled need
- Nursing/Therapy

Private Duty Care

- Assistance with activities of daily living
- Homemaker services
- Escort/Transportation
- Medication management
- Medication reminder assistance
- Supervised by an RN every 60 days
- Certified nursing assistants
- PD nursing visits
- Paid for by resident/family



- PT/OT/ST
 - *Physical*
 - *Occupational*
 - *Speech*
- Work with Health at Home
 - *Billed through Medicare part A*
- Part B through Westminster
- In your apartment, gym in Preston, Rehab gym in Windsor, pool therapy available
- Work around your schedule

Assisted Living

- Medication management 24 hours a day
- Weekly housekeeping and laundry
- Caregiver assistance with activities of daily living (bathing, toileting, dressing, etc)
- Activity services
- There is not a licensed nurse on duty but one is available for all emergencies

| Location | Manager | Certified Medication Aide | Caregiver |
|--|-----------|---------------------------|------------|
| Assisted Living (3 rd Floor) | 1 (7a-4p) | 1 (all times) | 1 (6a-10p) |

The Arbour

Memory Care

Skilled Nursing

24/7 nursing

Focus on activities

Purpose/Meaning

Medication Management

Assistance with up to ALL
ADLs

24/7 nursing

Medication Management

Assistance with ALL ADLs

Rehabilitation

The Arbour

Memory Care

Skilled Nursing

| Location | Licensed Nurse (RN or LVN) | Certified Medication Aide | Certified Nurse Aide | Restorative Aides |
|--|----------------------------|---------------------------|--------------------------|---|
| Memory Support (1 st Floor) | 1 (all times) | 1 (6a-10p) | 4 (6a-10p) 2 (10p-6a) | 2 aides Monday –Friday 6a-2p. 1 aide on the weekend 6a-2p. |
| Skilled Nursing East (2 nd Floor) | 1 (all times) | 1 (6a-10p) | 3 (6a-10p) 2 (10p-6a) | |
| Skilled Nursing West (2 nd Floor) | 1 (all times) | 1 (6a-10p) | 3 (6a-10p) 2 (10p-6a) | |

Criteria for Admission to Higher Levels of Care

- A Westminster resident
- The resident has needs the unit can assist with
- The resident requires the level of care the unit provides
- Bed/Apartment Availability

Situations Not Compatible with Independent living (unless 24-7 care is in place)

- Agitation, combativeness, aggression, delirium/psychosis, a danger to oneself or others
- Confusion with wandering outside the building
- Incontinence which is not manageable independently
- Impaired mobility – unable to transfer independently
- Severe dementia – unable to care for oneself, remember to eat, poor safety awareness, unable to use the emergency call system

Hospice

- Compassionate care for people facing a life-limiting illness or injury
 - *A team-oriented approach tailored to the patient's needs and wishes*
 - expert medical care
 - pain management
 - emotional and spiritual support
- Services provided in IL, AL and HCC
 - *Move to higher level of care if: uncontrolled pain/SOB, family unable to assist with medication administration, breakdown of skin/wound care, needing 24/7 care*
 - *Hospice does not provide 24/7 care in your apartment*
 - 24/7 care would need to be supplemented by private duty or family