











JANUARY 2019 -- ST. ANN'S HOME & HEART WEBSTER -- 697-6087 -- (Maria, Kim, Mary & Deb)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Happy New Years! Program is closed today.	2 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Card Games ☺ 1:30pm Card Games 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Snack & Sing-a-long,	3 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Wipe Off Board Activity ☺ 1:30pm Relax and Let's Talk 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm JINGO or BINGO	4 ☺ 8:00am Coffee, Conversations & Current Events, 🐦 10:00am What is your game? ☺ 1:30pm Conversations 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Snack & Sequence	5 HAPPY BIRTHDAY KRISTEN 4th
6 	7 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Game of your choice ☺ 1:30pm Balloon Toss 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Trivia/Snack	8 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Crafts or Games ☺ 1:30pm Wipe Off Board 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Snack/ Bowling	9 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Looking Back ☺ 1:30pm Hang Man 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Conversations	10 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am BINGO or Cards ☺ 1:30pm Trivia 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Snack & Music	11 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Penney Ante ☺ 1:30pm BINGO 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Snack & BINGO	12 
13 	14 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Games ☺ 1:30pm Card Games 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Snack & Music Trivia	15 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Games or Crafts ☺ 1:30pm Table Talk 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Floor Games	16 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Conversations or Games ☺ 1:30pm Relax and Let's Talk 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Trivia & Conversation	17 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Family Fued Game ☺ 1:30pm Word Search 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Winter Word Search	18 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Games of Choice ☺ 1:30pm Word Creation 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Snack & JINGO	19 
20 	21 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am MARTIN LUTHER KING DISCUSSION ☺ 1:30pm Wipe Off Board 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Snack, Cards & Conversation	22 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Trash Card Game or BINGO ☺ 1:30pm Charades 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Remember When	23 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Wipe off Board ☺ 1:30pm Card Games 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Talking Time	24 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Game of Choice ☺ 1:30pm Trivia or Games 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Trivia or Games	25 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Let's Make A Deal ☺ 1:30pm Remember When? 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Music, cards or art work	26 
27 	28 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Trivia or Sequence ☺ 1:30pm Table Talk or Games 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Wipe off Board	29 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am What is your game? ☺ 1:30pm Wipe Off Board 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Talking Time/Word Games	30 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Trivia or BINGO ☺ 1:30pm Art Work or Cards 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Card Games/BINGO	31 ☺ 8:00am Coffee, Conversations & Current Events 🐦 10:00am Bowling ☺ 1:30pm Remember When? 🏃 2:30pm EXERCISE CLASS 🎀 3:00pm Remember When		

“ACTIVITIES ARE SUBJECT TO CHANGE AT PARTICIPANT’S REQUEST”

“St. ANN’S COMMUNITY IS AN EQUAL OPPORTUNITY PROVIDER”