

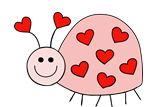











February 2019

Kristen Smith, Recreation Therapist (kristen.smith@mystanns.com) 585-697-6362

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		 <p>ST.ANN'S COMMUNITY IS AN EQUAL OPPORTUNITY PROVIDER.</p>		<p>Please Note: Consult activity board for changes to daily activities.</p> 	<p>1</p> <ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 9:30am Chapel, SA C 10:00am Art or Games, HC 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Community Meeting, HC 2:30pm PM Snack, HC 	
3	4	5	6	7	8	9
	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Trip: Big Lots, GR O 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Community Meeting, HC 2:30pm PM Snack, HC 	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Chapel, HC 10:00am UNO, HC 11:00am Music with Attila, HC 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Bingo, HC 2:30pm PM Snack, HC 	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Shuffleboard, HC 10:00am Curbside Market, GR O 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Scattergories, HC 2:30pm PM Snack, HC 	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Trip: Michaels, GR O HC 11:00am Music with Attila, HC 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Birthday Party, HC 2:00pm Walking Group, GR O HC 2:30pm PM Snack, HC 	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 9:30am Chapel, SA C 10:00am Participant's Choice, HC 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Valentine Bingo, HC 2:30pm PM Snack, HC 	
10	11	12	13	14	15	16
	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Trip: Goodwill, GR O 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Walking Group, GR O 2:30pm PM Snack, HC 	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Jewelry Making, HC 10:00am Morning Prayer, HC 10:15am Pampering, HC 11:00am Music with Attila, HC 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Smart Bites, HC 2:30pm PM Snack, HC 	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Outburst, HC 10:00am Curbside Market, GR O 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Name 20, HC 2:30pm PM Snack, HC 	<p>♥ 14 ♥</p> <ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Valentine Crafts, HC 11:00am Music with Attila, HC 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Valentine's Day Party, HC 2:30pm PM Snack, HC 	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 9:30am Chapel, SA C 10:00am Wii Games, HC 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Bingo, HC 2:30pm PM Snack, HC 	
17	18	19	20	21	22	23
	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Black History Month Discussion, HC 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Walking Group, GR O HC 2:30pm PM Snack, HC 	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Morning Prayer, HC 10:00am Deal or No Deal, HC 11:00am Music with Attila, HC 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Presidents Bingo, HC 2:30pm PM Snack, HC 	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Bowling, HC 10:00am Curbside Market, GR O 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Prayer Group with Sister Mary Ann 2:00pm Participant's Choice, HC 2:30pm PM Snack, HC 	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Bingo, HC 11:00am Music with Attila, HC 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Nurses Notes, HC 2:30pm PM Snack, HC 	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 9:30am Chapel, SA C 10:00am Art, HC 10:00am Pampering, HC 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Card Games, HC 2:30pm PM Snack, HC 	
24	25	26	27	28	MEETING PLACES	DIMENSIONS OF WELLNESS
	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Trip: Christmas Tree Shop 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Walking Group, GR O HC 2:30pm PM Snack, HC 	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Spiritual Group, HC QR 10:00am Art or Games, HC 11:00am Music with Attila, HC 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Flyswatter Tennis, HC 2:30pm PM Snack, HC 	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Sensory Visits, HC 10:00am Curbside Market, GR O 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Bingo, HC 2:30pm PM Snack, HC 	<ul style="list-style-type: none"> 7:00am Coffee & News / AM snack, HC 8:30am 1:1 / group projects, HC 9:00am Current Events, HC 10:00am Creative Crafts, HC 11:00am Music with Attila, HC 12:00pm Lunch, HC 1:30pm Exercise, HC 2:00pm Social Work Notes, HC 2:30pm PM Snack, HC 	<p>HC - HC Home Connection GR O HC - GR Outside HC HC QR - HC Quiet Room SA C - Chapel</p> 	<ul style="list-style-type: none"> <li style="width: 50%;">Physical <li style="width: 50%;">Emotional <li style="width: 50%;">Spiritual <li style="width: 50%;">Environmental <li style="width: 50%;">Vocational <li style="width: 50%;">Social <li style="width: 50%;">Intellectual <li style="width: 50%;">Nutritional <li style="width: 50%;">Health Services <li style="width: 50%;">Purposeful

