

Friday, August 23, 2019

	9:00 am	Ballet Barre with Carol Keyser	RC
	10:00 am	Gentle Exercise with Ziv	RC
	3:00 pm	Meditation (all levels welcome!)	Sol 17
	4:15 pm	Welcoming Shabbat	Sol 17
	7:15 pm	Table Games & Ping Pong	Sol 21
	7:15 pm	Movie: Apollo 11	RC

Upcoming Programs:

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| - Movie: 80 th Anniversary of "Wizard of Oz" | Sun., Aug. 25, 2:00 pm |
| - Book Review | Mon., Aug. 26, 10:15 am |
| - Concert: Stephanie Bruce Quartet | Mon., Aug. 26, 7:15 pm |
| - Sewing Services | Tue., Aug. 27, 1:30 pm |
| - End of Life Planning Meeting | Tue., Aug. 27, 2:00 pm |
| - Balanced & Strong with Esteban | Tue., Aug. 27, 3:30 pm |
| - Get Acquainted Again Happy Hour | Tue., Aug. 27, 4:45 pm |
| - Opera with Chris Pucci | Wed., Aug. 28, 7:15 pm |
| - Presentation: Mediterranean Diet w/Sandra | Thur., Aug. 29, 11:00 am |
| - Fireside Chat | Thur., Aug. 29, 1:30 pm |
| - Music History with John Kendall Bailey | Fri., Aug. 30, 7:15 pm |