






## Wednesday, August 21, 2019

	9:00 am	Cardio Workout for Seniors DVD	RC
	10:00 am	Gentle Exercise with Ziv	RC
	11:15 am	Informal Gathering to Remember Martin Carovano	RC
	1:30 pm	Jewish-Christian Conversations with Chaplain Meredith	Sol 17
	3:00 pm	Jewelry Services	LG
	3:30 pm	Chair Volleyball	RC
	7:15 pm	Documentary: Generation Wealth	RC

### Upcoming Programs:

- |  |   |
|--|---|
| <ul style="list-style-type: none"> <li>- Music Committee Meeting</li> <li>- SPT Art Show</li> <li>- Balanced &amp; Strong with Esteban</li> <li>- Ballet Barre with Carol</li> <li>- Welcoming Shabbat</li> <li>- Movie: 80<sup>th</sup> Anniversary of "Wizard of Oz"</li> <li>- Book Review</li> <li>- Concert: Stephanie Bruce Quartet</li> <li>- Sewing Services</li> <li>- End of Life Planning Meeting</li> <li>- Opera with Chris Pucci</li> <li>- Presentation: Mediterranean Diet w/Sandra</li> </ul> | <ul style="list-style-type: none"> <li>Thur., Aug. 22, 10:00 am</li> <li>Thur., Aug. 22, 1:00 pm</li> <li>Thur., Aug. 22, 3:30 pm</li> <li>Fri., Aug. 23, 9:00 am</li> <li>Fri., Aug. 23, 4:15 pm</li> <li>Sun., Aug. 25, 2:00 pm</li> <li>Mon., Aug. 26, 10:15 am</li> <li>Mon., Aug. 26, 7:15 pm</li> <li>Tue., Aug. 27, 1:30 pm</li> <li>Tue., Aug. 27, 2:00 pm</li> <li>Wed., Aug. 28, 7:15 pm</li> <li>Thur., Aug. 29, 11:00 am</li> </ul> |
|--|---|