

Monday, August 19, 2019

	9:00 am	Zumba with Lucy	RC
	10:00 am	Mindful Movement with Maria	RC
	11:15 am	Sacred Time with Chaplain Meredith	22 nd Flr Act. Rm
	2:00 pm	Chair Volleyball	RC
	2:30 pm	Singles Open Play Ping Pong	Sol 21
	3:30 pm	Badminton	RC
	3:30 pm	Let's Talk with Chaplain Meredith	Sol 17
	7:15 pm	Concert: Broadway Musical Theater	RC

Upcoming Programs:

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| <ul style="list-style-type: none"> - Widow & Widowers Support Group - Balanced & Strong with Esteban - Jewelry Services with Ruby - Documentary: Generation Wealth - Music Committee Meeting - SPT Art Show - Balanced & Strong with Esteban - Ballet Barre with Carol - Welcoming Shabbat | <ul style="list-style-type: none"> Tue., Aug. 20, 2:00 pm Tue., Aug. 20, 3:30 pm Wed., Aug. 21, 3:00 pm Wed., Aug. 21, 7:15 pm Thur., Aug. 22, 10:00 am Thur., Aug. 22, 1:00 pm Thur., Aug. 22, 3:30 pm Fri., Aug. 23, 9:00 am Fri., Aug. 23, 4:15 pm |
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