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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<p>1</p> <p>🕒 9:30 Mass/Feast of the Solemnity of Mary (holy day), CC</p> <p>👤 1:00 Quarter Card Game w/ Claudette, Apt-A</p> 	<p>2</p> <p>🕒 9:30 Mass & Rosary, CC</p> <p>🕒 10:10 Fitness w/ Patty, Apt-A</p> <p>🛒 1:00 Dollar Tree/Walmart Shopping</p> <p>🕒 1:15 Fitness w/ Patty, CC</p> <p>🎨 1:30 Art for the Young at Heart, Apt-A</p>	<p>3</p> <p>🕒 9:30 Mass, CC</p> <p>🕒 10:10 Fitness w/Lynn, Apt-A</p> <p>🛒 10:30 Holt Rd. Wegmans, Aldi, Hegedorn's & Errands</p> <p>👤 2:00 Farewell gathering for Lucy Lester, CC</p> <p>🎮 6:15 Poker, Apt-A</p>	<p>4</p> <p>FULL TRASH PICK-UP</p> <p>🕒 10:10 Fitness w/ Karen, Apt-A</p> <p>🎒 11:00 Travel and Cultural Arts Meeting, Apt-A</p> <p>🎨 3:00 Art w/ Stacy, Apt-A</p> <p>🎮 6:30 Wii Bowling, Apt-A</p>	<p>5</p> <p>🎮 9:30 Eight-Ball Billiards, GM</p> <p>🛒 10:00 Webster Shopping</p> <p>👤 1:00 Bingo, Apt-A</p> <p>🕒 4:00 Mass, CC</p> <p>🎬 7:00 Movie, Apt-A "What A Girl Wants" (2003)</p>
<p>6</p> <p>🕒 11:15 Mass, CC</p> <p>👤 2:00 Dominoes, Apt-A</p> <p>👤 2:00 Quiddler Card Game, Apt-A</p> <p>👤 3:00 Intergenerational Dazzling Musical & Art Entertainment, CC</p> <p>🎮 6:30 Wii Bowling, Apt-A</p> <p>🕒 7:45 Christ Church Candlelight Concert & Compline</p>	<p>7</p> <p>🕒 9:00 Coffee w/ Managers, Apt-A</p> <p>🕒 9:30 Mass, CC</p> <p>🕒 10:10 Fitness w/Lynn, Apt-A</p> <p>🕒 11:00 Wellness w/Susan Sagan, Apt-A</p> <p>🕒 1:15 Yoga/ Tai Chi w/ Pam, CC</p> <p>🕒 3:30 Great Lecture Series, "The Celtic World", GM</p>	<p>8</p> <p>🕒 9:30 Mass, CC</p> <p>🎮 9:30 Eight-Ball Billiards, GM</p> <p>🛒 10:00 Eastway Grocery Shopping</p> <p>🕒 10:15 Brain Games with Lynn, Apt-A</p> <p>🛒 10:30 Holt Rd. Grocery Shopping</p> <p>🕒 11:15 Chair Yoga w/ Pam, CC</p> <p>👤 1:00 Quarter Card Game w/ Claudette, Apt-A</p> <p>🕒 1:00 Aqua Flow w/Pam</p>	<p>9</p> <p>🕒 9:30 Mass & Rosary, CC</p> <p>🕒 10:10 Fitness w/ Lynn, Apt-A</p> <p>👤 11:00 Jewelry Making w/ Kim, Apt-A</p> <p>🕒 1:15 Fitness w/ Patty, CC</p> <p>👤 4:00 Garlic Pit Dinner Outing</p>	<p>10</p> <p>🕒 9:30 Mass, CC</p> <p>🕒 10:10 Fitness w/Lynn, Apt-A</p> <p>🛒 10:30 Holt Rd. Wegmans, Aldi, Hegedorn's & Errands</p> <p>👤 11:30 "Lit4 Lunch", Or Café</p> <p>🎮 6:15 Poker, Apt-A</p>	<p>11</p> <p>RECYCLING ONLY</p> <p>🕒 10:10 Fitness w/ Karen, Apt-A</p> <p>🛒 10:30 Banking, Library & Webster Errands</p> <p>🎵 1:30 Nashville- the Birthplace of Country Music with Christy Simon, CC</p> <p>🎮 6:30 Wii Bowling, Apt-A</p>	<p>12</p> <p>🎮 9:30 Eight-Ball Billiards, GM</p> <p>🛒 10:00 Webster Shopping</p> <p>👤 1:00 Bingo, Apt-A</p> <p>🕒 4:00 Mass, CC</p> <p>🎬 7:00 Movie, Apt-A "Mama Mia Her We Go Again" (2018)</p>
<p>13</p> <p>🕒 11:15 Mass, CC</p> <p>👤 2:00 Dominoes, Apt-A</p> <p>👤 2:00 Quiddler Card Game, Apt-A</p> <p>👤 6:30 Wii Bowling, Apt-A</p>	<p>14</p> <p>🕒 9:30 Mass, CC</p> <p>🕒 10:10 Fitness w/Lynn, Apt-A</p> <p>🕒 11:15 Computer Knowledge w/ Jeff Willey, Apt-A</p> <p>🕒 1:15 Yoga/ Tai Chi w/ Pam, CC</p> <p>👤 2:00 Easy Crochet Hats w/ Nora to Donate, Apt-L</p> <p>🕒 3:30 Great Lecture Series, "The Celtic World", GM</p>	<p>15</p> <p>🕒 9:30 Mass, CC</p> <p>🎮 9:30 Eight-Ball Billiards, GM</p> <p>🛒 10:00 Eastway Grocery Shopping</p> <p>🕒 10:15 Brain Games with Lynn, Apt-A</p> <p>🛒 10:30 Holt Rd. Grocery Shopping</p> <p>🕒 11:15 Chair Yoga w/ Pam, CC</p> <p>👤 1:00 Quarter Card Game w/ Claudette, Apt-A</p>	<p>16</p> <p>🕒 9:30 Mass & Rosary, CC</p> <p>🕒 10:10 Fitness w/ Lynn, Apt-A</p> <p>🕒 11:00 Present Moment Living, GM</p> <p>👤 11:15 Flaherty's Three Flags Lunch</p> <p>🕒 1:15 Fitness w/ Patty, CC</p> <p>👤 4:00 Entertainment w/Bob Nuestatz, CC</p>	<p>17</p> <p>🕒 9:30 Mass, CC</p> <p>🕒 10:10 Fitness w/Lynn, Apt-A</p> <p>🛒 10:30 Holt Rd. Wegmans, Aldi, Hegedorn's & Errands</p> <p>👤 12:00 "The Bookies", Or Café</p> <p>👤 3:00 Manicures with Key Club and Patty, Apt-A</p> <p>🎮 6:15 Poker, Apt-A</p>	<p>18</p> <p>FULL TRASH PICK-UP</p> <p>🍏 8:45 Ladies Breakfast, CR-C</p> <p>🕒 10:10 Fitness w/ Karen, Apt-A</p> <p>👤 3:00 Art w/ Stacy, Apt-A</p> <p>🎮 6:30 Wii Bowling, Apt-A</p>	<p>19</p> <p>🎮 9:30 Eight-Ball Billiards, GM</p> <p>🛒 10:00 Webster Shopping</p> <p>👤 1:00 Bingo, Apt-A</p> <p>🕒 4:00 Mass, CC</p> <p>🎬 7:00 Movie, Apt-A "The Post" (2017)</p>
<p>20</p> <p>🕒 11:15 Mass, CC</p> <p>🎨 12:00 Geva Theater "Hard Cell"</p> <p>👤 2:00 Dominoes, Apt-A</p> <p>👤 2:00 Quiddler Card Game, Apt-A</p> <p>👤 6:30 Wii Bowling, Apt-A</p>	<p>21</p> <p>🕒 9:30 Mass, CC</p> <p>🕒 10:10 Fitness w/Lynn, Apt-A</p> <p>🕒 11:00 Interfaith/Ecumenical Worship Service, CC</p> <p>👤 12:00 Pizza Lunch, Apt-A</p> <p>🕒 1:15 Yoga/ Tai Chi w/ Pam, Or Café Ext.</p> <p>👤 2:30 Birthday Bash, Apt-A</p> <p>🕒 3:30 Great Lecture Series, "The Age of Benjamin Franklin", GM</p>	<p>22</p> <p>🕒 9:30 Mass, CC</p> <p>🎮 9:30 Eight-Ball Billiards, GM</p> <p>🛒 10:00 Eastway Grocery Shopping</p> <p>🕒 10:15 Brain Games with Lynn, Apt-A</p> <p>🛒 10:30 Holt Rd. Grocery Shopping</p> <p>🕒 11:15 Chair Yoga w/ Pam, Or Café Ext.</p> <p>👤 1:00 Quarter Card Game w/ Claudette, Apt-A</p> <p>🕒 1:00 Aqua Flow w/Pam</p>	<p>23</p> <p>🕒 9:30 Mass & Rosary, CC</p> <p>🕒 10:10 Fitness w/ Lynn, Apt-A</p> <p>🕒 1:15 Fitness w/ Patty, Or Café Ext.</p> <p>👤 1:15 Art for the Young at Heart, Apt-A</p>	<p>24</p> <p>🕒 9:30 Mass, CC</p> <p>🕒 10:10 Fitness w/Lynn, Apt-A</p> <p>🛒 10:30 Holt Rd. Wegmans, Aldi, Hegedorn's & Errands</p> <p>👤 2:30 All about Broadway with Bob Sagan!, GM</p> <p>👤 4:00 Happy Hour, Apt-A</p> <p>🎮 6:15 Poker, Apt-A</p>	<p>25</p> <p>RECYCLING ONLY</p> <p>👤 8:45 Men's Breakfast, Bistro</p> <p>🕒 10:10 Fitness w/ Karen, Apt-A</p> <p>🛒 10:30 Banking, Library & Webster Errands</p> <p>👤 11:15 Meet the St. John Fisher Nursing Students, Apt-L</p> <p>🕒 1:30 Euchre Tournament, Apt-A</p> <p>🎮 6:30 Wii Bowling, Apt-A</p>	<p>26</p> <p>🎮 9:30 Eight-Ball Billiards, GM</p> <p>🛒 10:00 Webster Shopping</p> <p>👤 1:00 Bingo, Apt-A</p> <p>🕒 4:00 Mass, CC</p> <p>🎬 7:00 Movie, Apt-A "Rooster Cogburn" (2005)</p>
<p>27</p> <p>🕒 11:15 Mass, CC</p> <p>🎨 12:45 RPO at Hochstein</p> <p>👤 2:00 Dominoes, Apt-A</p> <p>👤 2:00 Quiddler Card Game, Apt-A</p> <p>👤 6:30 Wii Bowling, Apt-A</p>	<p>28</p> <p>🕒 9:30 Mass, CC</p> <p>🕒 10:10 Fitness w/Lynn, Apt-A</p> <p>🕒 11:15 Coffee w/ Managers, Or Café</p> <p>👤 12:00 Juliet Luncheon, Or Café</p> <p>🕒 1:15 Yoga/ Tai Chi w/ Pam, Or Café Ext.</p> <p>🕒 3:30 Great Lecture Series, "The Age of Benjamin Franklin", GM</p>	<p>29</p> <p>🕒 9:30 Mass, CC</p> <p>🎮 9:30 Eight-Ball Billiards, GM</p> <p>🛒 10:00 Eastway Grocery Shopping</p> <p>🕒 10:15 Puzzles w/ Lynn, Apt-A</p> <p>🛒 10:30 Holt Rd. Grocery Shopping</p> <p>🕒 11:15 Chair Yoga w/ Pam, Or Café Ext.</p> <p>👤 1:00 Quarter Card Game w/ Claudette, Apt-A</p> <p>🕒 1:00 Aqua Flow w/Pam</p>	<p>30</p> <p>Wear Blue to Beat the Winter Blues</p> <p>🕒 9:30 Mass & Rosary, CC</p> <p>🕒 10:10 Fitness w/ Lynn, Apt-A</p> <p>🍏 11:00 Sogo Hibachi Lunch Outing</p> <p>🕒 1:15 Fitness w/ Patty, Or Café Ext.</p>	<p>31</p> <p>🕒 9:30 Mass, CC</p> <p>🕒 10:10 Fitness w/Lynn, Apt-A</p> <p>🛒 10:30 Holt Rd. Wegmans, Aldi, Hegedorn's & Errands</p> <p>👤 1:00 Jewelry Making w/ Kathy, Apt-A</p> <p>👤 3:00 Manicures, Apt-A</p> <p>🎮 6:15 Poker, Apt-A</p>	<p>MEETING PLACES</p> <p>CC - Chapel/Community Room</p> <p>Apt-A - Apartment Activity Room</p> <p>Or Café - Orchard Café</p> <p>Or Café Ext. - Orchard Café Extension</p> <p>GM - Glen Multi Purpose Room</p> <p>Apt-L - Apartment Lobby</p> <p>CR-C - Cherry Ridge Concierge</p> <p>Bistro - Apartment Bistro</p>	<p>DIMENSIONS OF WELLNESS</p> <div style="display: flex; justify-content: space-around;"> <div style="text-align: left;"> <p>🏃 Physical</p> <p>🕊 Spiritual</p> <p>📚 Vocational</p> <p>🧠 Intellectual</p> <p>🍏 Nutritional</p> </div> <div style="text-align: left;"> <p>❤ Emotional</p> <p>🌿 Environmental</p> <p>👤 Social</p> <p>🏥 Health Services</p> <p>🎯 Purposeful</p> </div> </div>