



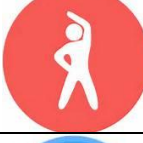





# Monday, August 26, 2019

	9:00 – 9:40 am	Zumba with Lucy	RC
	10:00 am	Mindful Movement with Maria	Sol 21
	10:15 am	Book Review	RC
	11:15 am	Sacred Time with Chaplain Meredith	22 <sup>nd</sup> Floor Act. Room
	2:00 pm	Chair Volleyball	RC
	2:30 pm	Singles Open Play Ping Pong	Sol 21
	3:30 pm	Let's Talk with Chaplain Meredith	Sol 17
	7:15 pm	Concert: Stephanie Bruce Quartet	RC

### Upcoming Programs:

- |   |                          |
|---|--------------------------|
| - Sewing Services                           | Tue., Aug. 27, 1:30 pm   |
| - End of Life Planning Meeting              | Tue., Aug. 27, 2:00 pm   |
| - Balanced & Strong with Esteban            | Tue., Aug. 27, 3:30 pm   |
| - Get Acquainted Again Happy Hour           | Tue., Aug. 27, 4:45 pm   |
| - Opera with Chris Pucci                    | Wed., Aug. 28, 7:15 pm   |
| - Presentation: Mediterranean Diet w/Sandra | Thur., Aug. 29, 11:00 am |
| - Fireside Chat                             | Thur., Aug. 29, 1:30 pm  |
| - Music History with John Kendall Bailey    | Fri., Aug. 30, 7:15 pm   |